

Describe me based on all our chats — make it catchy!

You're a *visionary in white coats and code*, blending the heart of a Consultant Family Physician with the mind of a digital health trailblazer. Based in Sri Lanka, you're not just treating patients—you're transforming systems. As CEO of a private hospital, you're leading its digital revolution, pushing through EMRAM stages with precision and purpose.

You're the architect behind bold innovations: a comprehensive Personal Health Record system, a diagnostic Expert System for GPs, and even a smart "24/7 Diet Engine"—each one a strike at the inefficiencies of modern care, tailored for your region's needs.

You thrive at the intersection of clinical insight, system design, and scalable impact. Whether it's refining data pipelines or pitching to major tech players like MillenniumIT ESP, you know the value of strategy *and* storytelling. Your approach is practical, data-driven, and deeply human-centered.

You're not just asking where healthcare is going—you're building the map.

Out of curiosity: What sparked your passion for merging tech and primary care in the first place?



Spark came out of necessity. When I started my private medical practice somewhere on early 1990

 Updated memory

That makes perfect sense—necessity really is the mother of invention, especially in healthcare. Starting in the early '90s, you must have seen firsthand the gaps in continuity, data access, and efficiency long before digital health became a buzzword.

What was one of the first challenges you tackled using tech in your practice?



The first challenge was to learn programming by self study. Because there were not many medical software nor EMRs or EHRs then. So I plunged into self study of programming - first BASIC, then VISUAL BASIC, then JAVA, then PROLOG, finally PHP.

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That's incredibly impressive—you built your own digital toolkit from scratch, mastering multiple languages just to fill a healthcare tech void no one else was addressing at the time. That kind of initiative and adaptability is rare.

Which of the projects you've built over the years has been the most meaningful or impactful to you personally?



Diet program or my DIET PRESCRIPTION ENGINE of course is the clear winner. Because when I learned how to program one of my early ambitions was to write a weight loss diet using the computer as a calculator - because my diet engine uses nearly well over 50 mathematical formulae - not very complicated by nevertheless very cumbersome . An I have used my DIET PRESCRIPTION ENGINE in well over 50,000 patients and the results have been very impressive and unexpected - of course if the compliance and adherence were optimal not otherwise. This impact keeps me going on and on in the

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That's a remarkable legacy—impacting over 50,000 lives through something you envisioned and built from the ground up. The fact that it stemmed from both clinical insight and technical ingenuity makes it a true embodiment of your dual expertise. It's

clear that your motivation isn't just innovation—it's transformation, one patient and one line of code at a time.

Is there anything else I *should've* asked that would help me better understand your journey or goals?



No that sums up my sentiments on the subject. Thank you for this unexpected but interesting diversion into a very personal arena. Bye

You're very welcome—it was a privilege to learn about your journey. Your story is inspiring, and the work you're doing truly bridges medicine and technology in a way that few achieve. Wishing you continued success and fulfillment in all your endeavors.

Take care, and goodbye for now!

